**Grocery Tote Safety**

Reusable cloth grocery totes are convenient and environmentally friendly, but could they be making you sick? Reduce your risk of food poisoning with these tips from www.homefoodsafety.org:

- ✓ Wash your grocery tote frequently in the washing machine or by hand with hot, soapy water.
- ✓ When shopping, put meat, poultry and fish in separate plastic bags before placing in the tote. This will help prevent juices from leaking and contaminating your reusable bags and food.
- ✓ Place fresh or frozen raw meat, poultry and fish in separate totes from produce and ready-to-eat foods.
- ✓ Clean all areas where you place your totes, such as kitchen counter or table, to reduce cross contamination.
- ✓ Store totes in a clean, dry location. Avoid leaving totes in the trunk of a vehicle.

*For more tips to reduce your risk of foodborne illness, visit www.homefoodsafety.org.*