



Registered Dietitian Nutritionists

Optimizing Health through Food and Nutrition

Registered dietitian nutritionists (RDNs) are nutrition and dietetics professionals who translate the science of nutrition into practical solutions for healthy living. Working in a number of practice settings, RDNs advance the nutritional status of their patients and clients.



Expertise

RDNs receive extensive training that combines academic preparation with hands-on, practical patient experience.

They must complete a minimum of a bachelor's degree, participate in an accredited practice program involving direct patient interaction, and pass a national registration exam. RDNs are also required to complete continuing professional education to maintain their credential. In addition:

- Over **half of RDNs hold a graduate degree** (57% Master's and 4% Doctoral)
- **29% of RDNs indicated holding one or more specialty certifications**

Source: Compensation and Benefits Survey of the Dietetics Profession, 2024



Improved Outcomes

Medical Nutrition Therapy (MNT) works. Registered Dietitian Nutritionists (RDNs) and other nutrition professionals, know that providing safe, timely, and effective nutrition care is essential to not only treating and managing many chronic disease and conditions, but it is also a crucial component of preventative care.

Medical Nutrition Therapy (MNT) has been shown to improve health outcomes in conditions such as diabetes, dyslipidemia, adult weight management, celiac disease, cystic fibrosis, and chronic kidney disease, among many others.

Source: Academy of Nutrition and Dietetics Evidence Analysis Library® www.andeal.org



Trust

Physicians, clients, patients, industry and government agencies value and trust the contributions of RDNs.

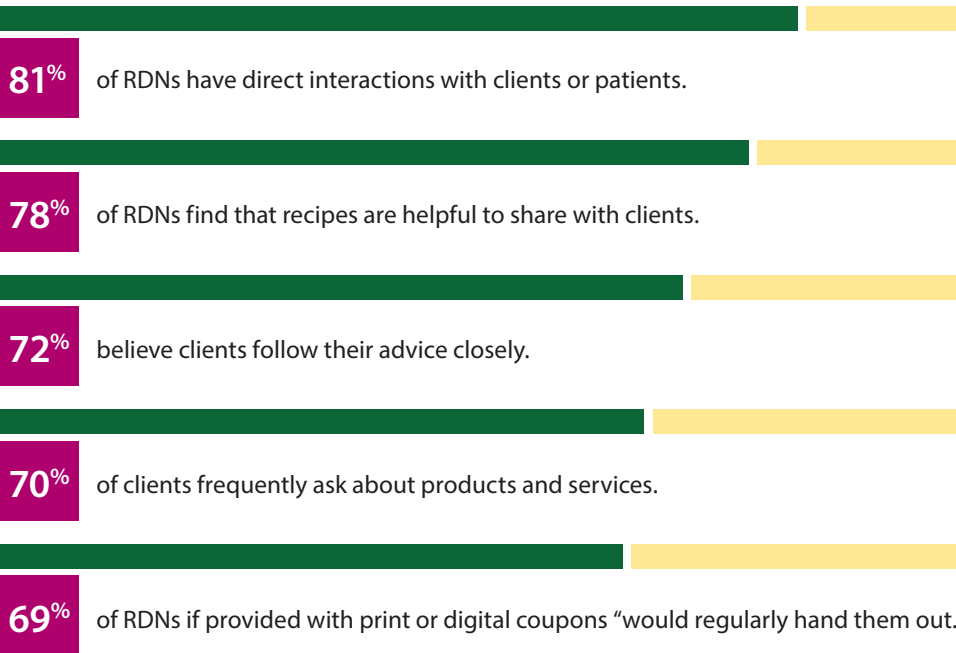
- Over **81% of RDNs have direct interaction** with clients or patients.
- Over **72%** indicated that **other health care professionals refer to them.**
- **72% of RDNs** believe their **clients follow their advice closely.**

Source: 2024 RDN Reach and Influence Survey

Registered Dietitian Nutritionists

RDNs are Influential

Registered Dietitian Nutritionists (RDNs) practice across a wide range of settings and have a meaningful impact on the lives of many each year. Through their work with clients, patients, and communities, RDNs significantly influence purchasing decisions, product recommendations, and the selection of services.



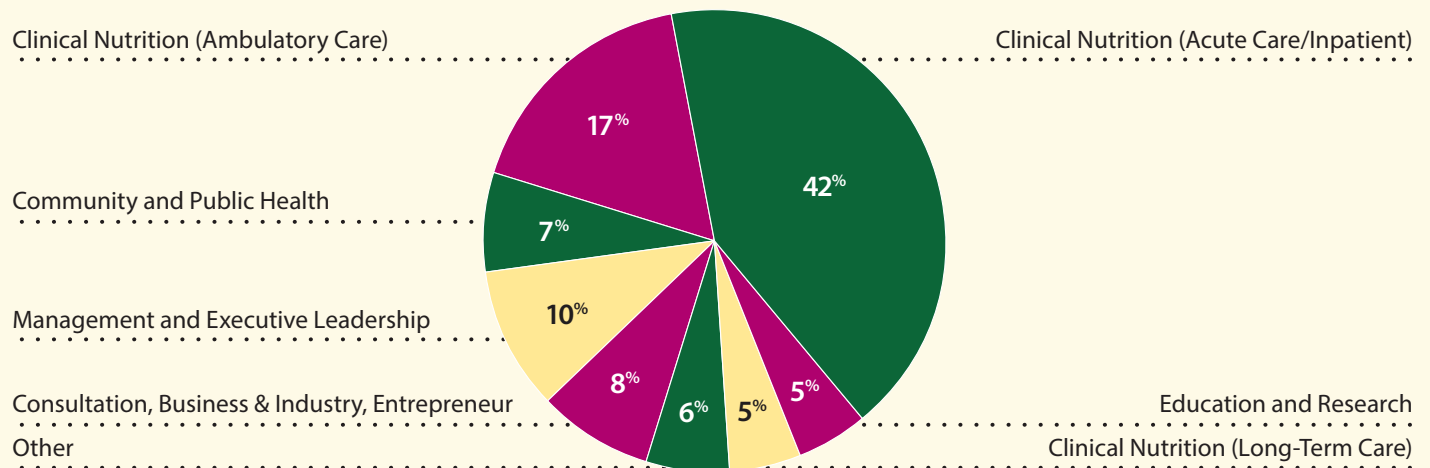
Source: 2024 RDN Reach and Influence Survey



22% of RDNs reported managing a median budget size of **\$334,000**. About **9%** of RDNs report managing budgets of **\$500,000** or more.

Source: Compensation and Benefits Survey of the Dietetics Profession 2024

Practice Area of Primary Position



Source: Compensation and Benefits Survey of the Dietetics Profession 2024