The foods below have been scrambled! Rearrange the letters in each line to discover which food they’re supposed to be, then list them under the correct MyPlate Food Group.

1. lmetli

2. rnoppoc

3. irerehcs

4. husoomrms

5. chebukawt

6. cecknih

7. goytur

8. saceeph

9. cmearkel

10. locrobcı

11. tenllis

12. mikppun

13. mtrebtlkiu

14. ehcely

15. tacgote seehce

ANSWERS

FRUITS

VEGETABLES

GRAINS

PROTEIN FOODS

DAIRY

1. Peach

2. Corn

3. Chicken

4. Butternut squash

5. Cherries

6. Apple

7. Buttermilk

8. Lentils

9. Milk

10. Broccoli

11. Lentils

12. Broccoli

13. Cherries

14. Cheese

15. Cottage cheese

*Lentils, beans, and dried peas are vegetable sources of protein, so they are part of both food groups.

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