

# Word Search for Adults

## NATIONAL NUTRITION MONTH® MARCH 2019

Words may be horizontal, vertical, diagonal, or backwards.

[www.eatright.org](http://www.eatright.org)

#NationalNutritionMonth

1. Almond
2. Basil
3. Cauliflower
4. Dill
5. Eggs
6. Feta
7. Gumbo
8. Ham
9. Jicama
10. Kiwi
11. Lobster
12. Mushroom
13. Nutmeg
14. Okra
15. Paprika
16. Quinoa
17. Radish
18. Swiss Cheese
19. Tomatillo
20. Vanilla
21. Wasabi
22. Yam
23. Zucchini

A	N	Y	A	M	A	I	N	I	H	C	C	U	Z	A	P
T	L	E	B	A	S	I	L	M	G	E	I	S	I	H	A
E	L	M	T	M	O	C	E	N	U	T	M	E	G	Y	P
F	I	B	O	I	U	A	W	U	L	B	O	F	M	U	R
U	D	I	K	N	E	S	R	I	F	Q	S	K	E	T	I
T	S	O	R	R	D	N	H	E	T	U	H	I	R	Q	K
O	H	P	A	P	E	K	O	R	A	I	M	W	H	E	A
M	I	Q	G	R	A	V	L	E	O	N	B	I	D	S	R
A	M	R	A	D	I	S	H	M	B	O	N	A	Y	E	W
T	L	T	V	E	R	I	T	A	S	A	M	Z	R	E	T
I	B	A	S	A	W	E	Q	T	M	U	C	E	K	H	O
L	E	S	L	O	U	G	H	Y	R	Z	T	P	I	C	A
L	R	J	I	C	A	M	A	M	I	S	L	E	T	S	M
O	T	W	O	R	N	U	E	G	B	H	I	Q	E	S	S
T	C	A	U	L	I	F	L	O	W	E	R	I	R	I	G
Q	T	H	R	E	E	P	L	M	O	U	S	K	O	W	G
G	U	M	B	O	L	V	A	N	I	L	L	A	Y	S	E

# Word Search for Adults

**NATIONAL  
NUTRITION MONTH®**  
MARCH 2019

[www.eatright.org](http://www.eatright.org)

#NationalNutritionMonth

A	N	Y	A	M	A	I	N	I	H	C	C	U	Z	A	P
T	L	E	B	A	S	I	L	M	G	E	I	S	I	H	A
E	L	M	T	M	O	C	E	N	U	T	M	E	G	Y	P
F	I	B	O	I	U	A	W	U	L	B	O	F	M	U	R
U	D	I	K	N	E	S	R	I	F	Q	S	K	E	T	I
T	S	O	R	R	D	N	H	E	T	U	H	I	R	Q	K
O	H	P	A	P	E	K	O	R	A	I	M	W	H	E	A
M	I	Q	G	R	A	V	L	E	O	N	B	I	D	S	R
A	M	R	A	D	I	S	H	M	B	O	N	A	Y	E	W
T	L	T	V	E	R	I	T	A	S	A	M	Z	R	E	T
I	B	A	S	A	W	E	Q	T	M	U	C	E	K	H	O
L	E	S	L	O	U	G	H	Y	R	Z	T	P	I	C	A
L	R	J	I	C	A	M	A	M	I	S	L	E	T	S	M
O	T	W	O	R	N	U	E	G	B	H	I	Q	E	S	S
T	C	A	U	L	I	F	L	O	W	E	R	I	R	I	G
Q	T	H	R	E	E	P	L	M	O	U	S	K	O	W	G
G	U	M	B	O	L	V	A	N	I	L	L	A	Y	S	E