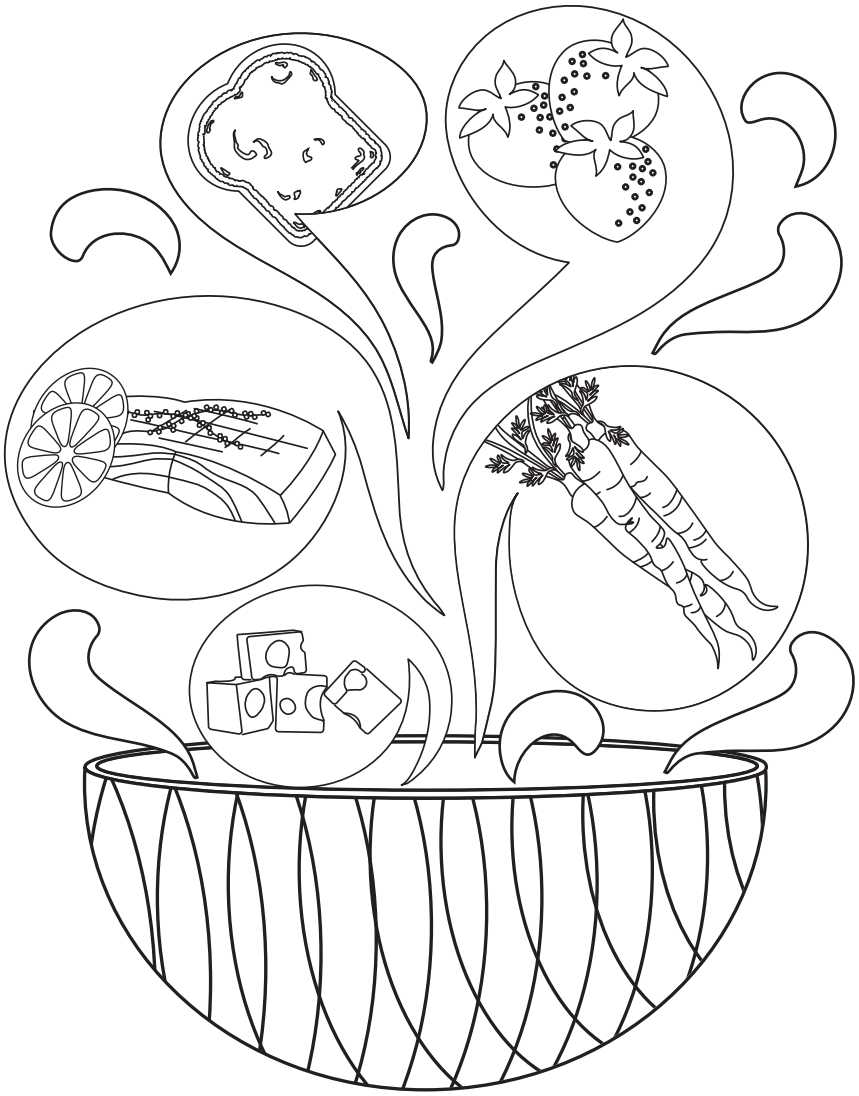

SAVOR THE FLAVOR OF EATING RIGHT

eat right. Academy of Nutrition and Dietetics